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| Book Name: | [Achievements and Challenges of Medicine and Medical Science](https://www.bookpi.org/bookstore/product/achievements-and-challenges-of-medicine-and-medical-science-vol-1/) |
| Manuscript Number: | **Ms\_BPR\_4194** |
| Title of the Manuscript:  | **The influence of de-conditioning on the state of physical fitness in healthy school-aged children** |
| Type of the Article | **Book chapter** |

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| PART 1: Comments |
|  | Reviewer’s comment | Author’s Feedback*(Please correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)* |
| **Please write a few sentences regarding the importance of this manuscript for the scientific community. A minimumof 3-4 sentences may be required for this part.** | This manuscript is of significant importance to the scientific community as it addresses the critical and timely issue of de-conditioning and its impact on physical fitness among healthy school-aged children.The consequences of reduced physical activity during developmental years, the study provides essential data that can inform evidence-based strategies to combat sedentary lifestyles in youth. |  |
| **Is the title of the article suitable?****(If not please suggest an alternative title)** | Not suitable 1. "De-Conditioning and Physical Fitness: Implications for Healthy School-Aged Children"
2. "Assessing the Impact of De-Conditioning on Fitness in Healthy Children"
 |  |
| Is the abstract of the article comprehensive? Do you suggest the addition (or deletion) of some points in this section? Please write your suggestions here. | Kindly add the data of de-conditionig in previous years as prepare a graph difference beween the de-conditioning of previous of after effects of covid on health.  |  |
| **Is the manuscript scientifically, correct? Please write here.** | **Yes**  |  |
| **Are the references sufficient and recent? If you have suggestions of additional references, please mention them in the review form.****-** | Kindly add references upto 50 to make a balanced review over the reserach studies conduction on the physical fittmess of young adults. |  |
| Is the language/English quality of the article suitable for scholarly communications? | Kindly correct thre grammatical mistakes which happen oftenly unsuitable for the manuscript publication. |  |
| Optional/Generalcomments | ----------------- |  |

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| **PART 2:**  |
|  | **Reviewer’s comment** | **Author’s comment** *(if agreed with reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)* |
| **Are there ethical issues in this manuscript?**  | *(If yes, Kindly please write down the ethical issues here in details)* |  |

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| **Reviewer Details:** |
| Name: | **Shivani Agarwal** |
| Department, University & Country | **Moradabad Educational Trust Group of Institutions Faculty of Pharmacy, India** |