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| Book Name: | [**Disease and Health: Research Developments**](https://www.bookpi.org/bookstore/product/disease-and-health-research-developments-vol-1/) |
| Manuscript Number: | **Ms\_BPR\_4669** |
| Title of the Manuscript: | **Application of Progressive Muscle Relaxation in the Treatment of Psychosomatic Diseases** |
| Type of the Article | **Book Chapter** |

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| PART 1: Comments | | |
|  | Reviewer’s comment | Author’s Feedback *(Please correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)* |
| **Please write a few sentences regarding the importance of this manuscript for the scientific community. A minimum of 3-4 sentences may be required for this part.** | **Progressive muscle relaxation can benefit a large number of patients suffering from psychosomatic diseases. This manuscript gives scientific evidences (21 articles) on how to use PMR for rehabilitation of various psychosomatic diseases. It also highlights the need of further research on PMR and its combination with other therapies which can inspire researcher to make their contribution to this area and can help for the rehabilitation of various psychosomatic diseases. Progressive muscle relaxation is the need of the current time to treat various from psychosomatic diseases.** |  |
| **Is the title of the article suitable?**  **(If not please suggest an alternative title)** | **Yes, The title is suitable** |  |
| Is the abstract of the article comprehensive? Do you suggest the addition (or deletion) of some points in this section? Please write your suggestions here. | **The abstract is comprehensive. I would suggest to add on what is progressive muscle relaxation- a brief introduction of the technique in the ‘background’ section of the abstract.** |  |
| **Is the manuscript scientifically, correct? Please write here.** | **Yes the manuscript is scientifically, correct.** |  |
| **Are the references sufficient and recent? If you have suggestions of additional references, please mention them in the review form.** | **Author can add more references on PMR technique description.** |  |
| Is the language/English quality of the article suitable for scholarly communications? | **Yes the English quality of the article suitable for scholarly communications** |  |
| Optional/General comments | **There is a spelling miskate in the conclusion section, 7th line of the paragraph which states ‘scientificity of work’. Kindly correct it. Make sure all the references are written using any one particular style of referencing.** |  |

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| **PART 2:** | | |
|  | **Reviewer’s comment** | **Author’s comment** *(if agreed with reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)* |
| **Are there ethical issues in this manuscript?** | *(If yes, Kindly please write down the ethical issues here in details)* |  |

**Reviewer details:**

**Bhatia Sneha Sureshbhai, Shree B G Patel College of Physiotherapy, India**