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| Book Name: | [**Disease and Health: Research Developments**](https://www.bookpi.org/bookstore/product/disease-and-health-research-developments-vol-1/) |
| Manuscript Number: | **Ms\_BPR\_4669** |
| Title of the Manuscript: | **Application of Progressive Muscle Relaxation in the Treatment of Psychosomatic Diseases** |
| Type of the Article | **Book Chapter** |

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| PART 1: Comments | | |
|  | Reviewer’s comment | Author’s Feedback*(Please correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)* |
| **Please write a few sentences regarding the importance of this manuscript for the scientific community. A minimumof 3-4 sentences may be required for this part.** | Progressive Muscle Relaxation (PMR) is a widely recognized and evidence-based relaxation technique that has significant importance in the treatment of psychosomatic diseases. These conditions, which involve both psychological and physiological factors, can benefit greatly from PMR due to its ability to reduce stress, alleviate physical symptoms, and enhance overall well-being. |  |
| **Is the title of the article suitable?**  **(If not please suggest an alternative title)** | **No** |  |
| Is the abstract of the article comprehensive? Do you suggest the addition (or deletion) of some points in this section? Please write your suggestions here. | Abstract writing is inappropriate as this is not to be write in structured form particularly for review article . |  |
| **Is the manuscript scientifically, correct? Please write here.** | Need to be revised as per scientific guidelines. |  |
| **Are the references sufficient and recent? If you have suggestions of additional references, please mention them in the review form.**  **-** | Kindly add 50 references for better literature review of the relevant review articles. |  |
| Is the language/English quality of the article suitable for scholarly communications? | Need to be revised as per grammatic mistakes. |  |
| Optional/Generalcomments |  |  |

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| **PART 2:** | | |
|  | **Reviewer’s comment** | **Author’s comment** *(if agreed with reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)* |
| **Are there ethical issues in this manuscript?** | *(If yes, Kindly please write down the ethical issues here in details)* |  |

**Reviewer details:**

**Shivani Agarwal, Moradabad EducationalTrust Group of Institutions Faculty of Pharmacy, India**