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| Book Name: | [**Medical Science: Trends and Innovations**](https://www.bookpi.org/bookstore/product/medical-science-trends-and-innovations-vol-1/) |
| Manuscript Number: | **Ms\_BPR\_4682** |
| Title of the Manuscript:  | **A Case Study Tracking The Cognitive Impact Of Insomnia** |
| Type of the Article | **Book Chapter** |

**Special note:**

**A research paper already published in a journal can be published as a Book Chapter in an expanded form with proper copyright approval.**

**Source Article:**

**This chapter is an extended version of the article published by the same author(s) in the following journal.**

**International Journal of Behavioral Research & Psychology (IJBRP), 2(1): 12-15, 2014.**

**DOI:** [**http://dx.doi.org/10.19070/2332-3000-140003**](http://dx.doi.org/10.19070/2332-3000-140003)

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| PART 1: Comments |
|  | Reviewer’s comment**Artificial Intelligence (AI) generated or assisted review comments are strictly prohibited during peer review.** | Author’s Feedback *(Please correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)* |
| **Please write a few sentences regarding the importance of this manuscript for the scientific community. A minimum of 3-4 sentences may be required for this part.** | * This manuscript is important for the scientific community as it highlights the potential cognitive consequences of poor sleep quality in young adults, an often overlooked yet critical public health concern.
* By drawing parallels between the participant’s cognitive profile and mild cognitive impairment seen in head trauma, the study underscores the need for further research on the long-term effects of sleep disturbances.
* Additionally, the findings emphasize the importance of early identification and intervention strategies to mitigate cognitive decline associated with chronic sleep issues.
* This case study contributes to the growing body of evidence linking sleep health to cognitive functioning, encouraging future studies to explore underlying mechanisms and potential therapeutic approaches.
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| **Is the title of the article suitable?****(If not please suggest an alternative title)** | * Clear but could be refined for better clarity and academic precision
* It conveys the focus on **insomnia** and its **cognitive impact**.
* "Tracking" suggests a longitudinal or observational component.
* Since the study is not longitudinal, "Assessing" or "Evaluating" might be more precise
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| Is the abstract of the article comprehensive? Do you suggest the addition (or deletion) of some points in this section? Please write your suggestions here. | The abstract does not provide enough context on **why** poor sleep quality and its cognitive effects are significant. Consider adding a brief introductory sentence about the broader relevance of sleep disturbances in cognitive health. |  |
| **Is the manuscript scientifically, correct? Please write here.**  | * Yes the manuscript is scientifically correct.
* The use of the **Repeatable Battery for the Assessment of Neuropsychological Status (RBANS)** is scientifically appropriate for evaluating cognitive functioning.
 |  |
| **Are the references sufficient and recent? If you have suggestions of additional references, please mention them in the review form.** | Try to add few more references & cite all the sources referenced during the report. |  |
| Is the language/English quality of the article suitable for scholarly communications? | * The language and English quality of the article are generally understandable but require improvements to align with scholarly communication standards.
 |  |
| Optional/General comments |  |  |

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| **PART 2:**  |
|  | Reviewer’s comment | Author’s comment *(if agreed with the reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)* |
| **Are there ethical issues in this manuscript?**  |  |  |

**Reviewer details:**

**Anchu R Nath, India**