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| Book Name: | [**Disease and Health: Research Developments**](https://www.bookpi.org/bookstore/product/disease-and-health-research-developments-vol-1/) |
| Manuscript Number: | **Ms\_BPR\_5097** |
| Title of the Manuscript: | **A Review on Stress, Stressors-their effects and Adaptive Response** |
| Type of the Article | **Book Chapter** |

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| PART 1: Comments | | |
|  | Reviewer’s comment **Artificial Intelligence (AI) generated or assisted review comments are strictly prohibited during peer review.** | Author’s Feedback *(Please correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)* |
| **Please write a few sentences regarding the importance of this manuscript for the scientific community. A minimum of 3-4 sentences may be required for this part.** | **The topic "A Review on Stress, Stressors—their Effects and Adaptive Response" is highly significant in the scientific community as Understanding Human and Animal Physiology and stress mechanisms helps in understanding how organisms adapt to environmental changes. Article also has Psychological and Behavioral Implications that how Stress affects mental health. Identifying stressors and coping mechanisms helps in developing psychological interventions. Understanding stress pathways aids in medical research and disease prevention**. |  |
| **Is the title of the article suitable?**  **(If not please suggest an alternative title)** | **Title is informative and concise, reflecting a comprehensive scope of article.** |  |
| Is the abstract of the article comprehensive? Do you suggest the addition (or deletion) of some points in this section? Please write your suggestions here. | **Abstract is concise and well defined about article** |  |
| **Is the manuscript scientifically, correct? Please write here.** | **Manuscript is scientifically correct** |  |
| **Are the references sufficient and recent? If you have suggestions of additional references, please mention them in the review form.**  **-** | **The references appear to be sufficient and provide a solid foundation for the topic. However, some sources are older than five years, and incorporating more recent studies, particularly from the last three years, could strengthen the analysis.** |  |
| Is the language/English quality of the article suitable for scholarly communications? | **Language is appropriate** |  |
| Optional/General comments |  |  |

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| **PART 2:** | | |
|  | Reviewer’s comment | Author’s comment *(if agreed with the reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)* |
| **Are there ethical issues in this manuscript?** | *(If yes, Kindly please write down the ethical issues here in detail)* |  |

**Reviewers:**

**Khizra Iqbal, Nishtar Medical University , Pakistan**