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| Book Name: | [Disease and Health: Research Developments](https://www.bookpi.org/bookstore/product/disease-and-health-research-developments-vol-1/) |
| Manuscript Number: | **Ms\_BPR\_5056** |
| Title of the Manuscript:  | **INTEGRATING CBT AND EXERCISES: COMPREHENSIVE STRATEGIES FOR CYCLIC MASTALGIA** |
| Type of the Article | **BOOK CHAPTER** |

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| PART 1: Comments |
|  | Reviewer’s comment**Artificial Intelligence (AI) generated or assisted review comments are strictly prohibited during peer review.** | Author’s Feedback *(Please correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)* |
| **Please write a few sentences regarding the importance of this manuscript for the scientific community. A minimum of 3-4 sentences may be required for this part.** | **The given research is important for better understanding of cyclic mastalgia treatment. The author described the statistics about the frequency of this condition. Special attention is paid to the explanation of exercises importance in treatment of mastalgia.**  |  |
| **Is the title of the article suitable?****(If not please suggest an alternative title)** | **The title is suitable.** |  |
| Is the abstract of the article comprehensive? Do you suggest the addition (or deletion) of some points in this section? Please write your suggestions here. | **The abstract is comprehensive.** |  |
| **Is the manuscript scientifically, correct? Please write here.**  | **The manuscript is scientifically accurate.** |  |
| **Are the references sufficient and recent? If you have suggestions of additional references, please mention them in the review form.****-** | **The references are described in several styles. It is strongly recommended to describe them in 1 proper style (e.g. APA). The links to DOI are not clickable.****References (1-5, 7-9, 11-16, 19-21, 23-25, 27, 29, 31-34, 37-39, 41, 43, 45-47, 49-55, 58-60, 66-70, 72-74) are older than 10 years. In case if there are no latest studies in this field, it should be mentioned in the manuscript. If such studies exist, it is advisable to rewrite the manuscript with the newest data.** |  |
| Is the language/English quality of the article suitable for scholarly communications? | The language is suitable for scholarly communications. |  |
| Optional/General comments | 1. Paragraph 1, part “THE PREVALENCE AND IMPACT OF CYCLIC MASTALGIA” – typo in the word “population”.
2. Paragraph 2, part “THE PREVALENCE AND IMPACT OF CYCLIC MASTALGIA” – it is advisable to mention the years of the studies. Are they relevant?
3. Part “COGNITIVE THERAPY AN OVER VIEW” – typo in the word “COGNITIVE” in the title.
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| **PART 2:**  |
|  | Reviewer’s comment | Author’s comment *(if agreed with the reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)* |
| **Are there ethical issues in this manuscript?**  |  |  |

**Reviewer details:**

**Kateryna Semchenko, Ukraine**