|  |
| --- |
|  |
| Book Name: | **"The Power Within: Unveiling the Psychology of Women"** |
| Manuscript Number: | **Ms\_BPR\_5374** |
| Title of the Manuscript:  | **"The Power Within: Unveiling the Psychology of Women"** |
| Type of the Article | **Complete Book** |

|  |
| --- |
| PART 1: Comments |
|  | Reviewer’s comment**Artificial Intelligence (AI) generated or assisted review comments are strictly prohibited during peer review.** | Author’s Feedback *(Please correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)* |
| **Please write a few sentences regarding the importance of this manuscript for the scientific community. A minimum of 3-4 sentences may be required for this part.** | This book is providing a thorough examination of the psychological aspects of women's experiences which significantly advances the scientific community. It explores important topics like foundations of resilience, emotional intelligence, self-empowerment, and cultural influences in shaping women psyche, offering an interdisciplinary viewpoint that connects gender studies, sociology, and psychology. The study emphasizes historical and current research on women's psychological health, highlighting particular difficulties with identity formation, systemic biases, and access to mental health care. Additionally, the empirical basis of the manuscript enhances its scholarly rigour and provides insightful information that can guide future research, treatment approaches, and legislative changes targeted at improving women's psychological support networks. It is a vital resource for scholars, medical professionals, and educators committed to promoting inclusive practices because it combines theoretical discussions with real-world applications. |  |
| **Is the title of the article suitable?****(If not please suggest an alternative title)** | The book's title "The Power Within: Unveiling the Psychology of Women" perfectly sums up its main ideas and is a perfect fit for its content. It maintains an interesting and academic tone while being thoughtful, guaranteeing clarity. For readers interested in the topic, the title is a great fit because it reflects the book's emphasis on feminism, empowerment, and psychological insights. |  |
| Is the abstract of the article comprehensive? Do you suggest the addition (or deletion) of some points in this section? Please write your suggestions here. | The abstract offers a thorough and organised synopsis of each of the seven chapters, concisely encapsulating the main ideas and themes that underpin the book. The abstract acts as a reader's road map by combining key terms and concepts from each chapter, providing an overview of the important debates covered in the book. A distinct viewpoint on women's psychology is presented in each chapter, which covers a range of topics like identity formation, social influences, emotional resilience, cognitive development, systemic biases, and the function of consciousness in mental health. These components are skillfully incorporated into the abstract in a clear and captivating way, guaranteeing that readers will understand the key points and be motivated to delve deeper into them in the chapters. Additionally, adding theoretical frameworks, research-supported insights, and practical applications to the abstract improves its scholarly depth and clarity, creating an understandable yet captivating book introduction. This methodical approach guarantees that the abstract serves as a crucial guide for comprehending the book's intellectual contributions to the field of psychology in addition to successfully preparing the reader for the forthcoming content. |  |
| **Is the manuscript scientifically, correct? Please write here.**  | An interdisciplinary investigation of women's psychological experiences through literature is presented in the manuscript "The Power Within: Unveiling the Psychology of Women through Literary Characters." In order to examine the psychological struggles, resiliency, and empowerment of female central character, it incorporates psychological theories such as emotional intelligence, gender dynamics, psychological empowerment, and emotional liberation. The study uses Shenoy's protagonist in "Life is What You Make It" and Divakaruni's Draupadi to highlight the value of resilience, self-worth, and decision-making skills in overcoming adversity.The book also examines individualism and emotional liberation, emphasising the connection between psychological health and the capacity for unrestricted emotional expression. In line with Gilligan's theory of moral development, Preeti Shenoy's story places a strong emphasis on emotional struggles leading to self-discovery. Similarly, Divakaruni's novels reinforce feminist psychological frameworks like Tong's Feminist Thought by illustrating internal conflicts resulting from societal pressures versus personal aspirations. The study recognises the innate skills women acquire in reaction to interconnected problems such as marginalisation, emotional labour, identity struggle, and systemic injustice. It emphasises significant psychological qualities like self-awareness, psychological resilience, emotional intelligence, and intuitive thinking that are typically overlooked or undervalued in mainstream psychology. These elements are crucial to collective initiatives for social change and gender parity.By exposing these internal sources of power, the study dispels reductive stereotypes and offers a broader, more inclusive view of women. It urges the development of intersectional, compassionate conceptual frameworks and greater sensitivity to gendered perspectives in psychology research. The study strengthens the need for inclusivity, equity, and revolutionary change by recognising and embracing women's perspectives, complexity, and strengths. This adds to the ongoing discussion on women's psychological empowerment. |  |
| **Are the references sufficient and recent? If you have suggestions of additional references, please mention them in the review form.****-** | Although the references in the manuscript are academically significant, they need to be supplemented with more recent research because they include both relatively more recent sources and more traditional fundamental works. While certain references, such as American Psychological Association (2018), Wood (2015), Sharma & Sharma (2019), and Eagly & Wood (2012), are more recent, many main works, such as Woolf (1929), Gilligan (1982), and Lerner (1993), date back decades. Even while these classics are helpful for providing historical context, the inclusion of more current empirical investigations from 2020–2024 would strengthen the manuscript's scientific base such as,1. **Fine, C. (2020). Delusions of Gender: The Real Science Behind Sex Differences. W.W. Norton & Company.** – A contemporary critique of gender-based psychological theories.
2. **Hyde, J. S. (2022). Gender Similarities and Differences in Psychological Traits. Psychological Bulletin, 148(2), 120-135.** – Updates feminist psychological research with data-driven insights.
3. **UN Women Reports (2023-2024). Gender Equality & Mental Health Initiatives.** – Policy and statistical research regarding women’s psychological well-being.
 |  |
| Is the language/English quality of the article suitable for scholarly communications? | The manuscript is a high-quality academic work, with coherent, well-organized arguments and adherence to scholarly communication norms. It uses discipline-specific language for clarity in psychology, gender studies, and literary analysis. The work's coherent and logical sentence forms make it easy to understand. However, minor edits to grammar, wording, and clarity could enhance readability and scholarly rigor. The manuscript's presentation for academic publication will be strengthened by consistent technical terminology, citation style, and syntactical precision. |  |
| Optional/General comments | Through the integration of psychological theories and literary narratives, the text provides an interdisciplinary analysis of women's psychological resilience, empowerment, and emotional intelligence. It employs the use of character studies and theories such as feminist thought and social role theory. By providing insights on identity, autonomy, and societal influence, the study advances gender psychology and literature.Minor edits should be made to this work to ensure that it retains its strong philosophical discussion while adding current empirical references. |  |

|  |
| --- |
| **PART 2:**  |
|  | Reviewer’s comment | Author’s comment *(if agreed with the reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)* |
| **Are there ethical issues in this manuscript?**  |  |  |

**Reviewer details:**

**Hamna Nawaz, Pakistan**