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| Book Name: | [**An Overview of Disease and Health Research**](https://bookstore.bookpi.org/product/an-overview-of-disease-and-health-research-vol-1/) |
| Manuscript Number: | **Ms\_BPR\_5903** |
| Title of the Manuscript:  | **EFFECT OF MINDFULNESS MEDITATION AS SELF-REGULATION IN PATIENTS WITH BORDERLINE PERSONALITY DISORDER** |
| Type of the Article | **Book Chapter** |

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| PART 1: Comments |
|  | Reviewer’s comment**Artificial Intelligence (AI) generated or assisted review comments are strictly prohibited during peer review.** | Author’s Feedback *(Please correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)* |
| **Please write a few sentences regarding the importance of this manuscript for the scientific community. A minimum of 3-4 sentences may be required for this part.** | This paper is important as it synthesizes current knowledge on the effect of mindfulness meditation as a self-regulation strategy for individuals with borderline personality disorder (BPD). By integrating findings from existing literature, the paper provides valuable insights for both clinical practice and future research. |  |
| **Is the title of the article suitable?****(If not please suggest an alternative title)** | Yes, It is. |  |
| Is the abstract of the article comprehensive? Do you suggest the addition (or deletion) of some points in this section? Please write your suggestions here. | It is comprehensive but with a few improvement as highlighted (comment) in the manuscript. |  |
| **Is the manuscript scientifically, correct? Please write here.**  | Yes, Scientific methods was well used. |  |
| **Are the references sufficient and recent? If you have suggestions of additional references, please mention them in the review form.** | They are sufficient and relevant. But the referencing style must be the same. |  |
| Is the language/English quality of the article suitable for scholarly communications? | Yes, the English quality is suitable. |  |
| Optional/General comments |  |  |

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| **PART 2:**  |
|  | Reviewer’s comment | Author’s comment *(if agreed with the reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)* |
| **Are there ethical issues in this manuscript?**  | *(If yes, Kindly please write down the ethical issues here in detail)* |  |

**Reviewer details:**

**Evariste Erwin Sebahutu, Rwanda**