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| Book Name: | [**An Overview of Disease and Health Research**](https://bookstore.bookpi.org/product/an-overview-of-disease-and-health-research-vol-1/) |
| Manuscript Number: | **Ms\_BPR\_5903** |
| Title of the Manuscript: | **EFFECT OF MINDFULNESS MEDITATION AS SELF-REGULATION IN PATIENTS WITH BORDERLINE PERSONALITY DISORDER** |
| Type of the Article | **Book Chapter** |

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| PART 1: Comments | | |
|  | Reviewer’s comment **Artificial Intelligence (AI) generated or assisted review comments are strictly prohibited during peer review.** | Author’s Feedback *(Please correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)* |
| **Please write a few sentences regarding the importance of this manuscript for the scientific community. A minimum of 3-4 sentences may be required for this part.** | * It contributes to existing scientific knowledge. * It supported the clinical utility of Mindfulness Meditation in the treatment of patients with borderline personality disorder. * The manuscript also provides the effect of mindfulness based intervention in the treatment of trauma related disorders (sexual abuse). * It has a good logical flow and conciseness. |  |
| **Is the title of the article suitable?**  **(If not please suggest an alternative title)** | The title of the article is not suitable for an integrative review study. Alternative title could be: “Effect of Mindfulness Meditation on Self-Regulation in individuals with Bordeline Personality Disorder: An integrative review”. |  |
| Is the abstract of the article comprehensive? Do you suggest the addition (or deletion) of some points in this section? Please write your suggestions here. | Not comprehensive enough. The researcher should include summary of his findings from the papers reviewed. Also, the objective (s) should be made clear.   * The researcher should use academic tone and also work on sentence clarity. |  |
| **Is the manuscript scientifically, correct? Please write here.** | The manuscript is scientifically correct. The methodology is well presented. The researcher made use of substantial and well rsearched papers for his study. Also, the skills in Mindfulness based intervention scientifically validated their use for people with borderline personality disorder. |  |
| **Are the references sufficient and recent? If you have suggestions of additional references, please mention them in the review form.**  **-** | * The researcher should ensure consistent adherence to APA style. * It’s expected that the jounal name to be in italics. * The researcher should remain consistent with the allocated years for the reviewed papers. |  |
| Is the language/English quality of the article suitable for scholarly communications? | It can be improve. |  |
| Optional/General comments | The Methodology is good. But, the grammar should be worked upon. |  |

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| **PART 2:** | | |
|  | Reviewer’s comment | Author’s comment *(if agreed with the reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)* |
| **Are there ethical issues in this manuscript?** | *(If yes, Kindly please write down the ethical issues here in detail)* |  |

**Reviewer details:**

**Oluwaniyi, Abiodun Paul, University Of Ibadan, Nigeria**