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| Book Name: | [**An Overview of Disease and Health Research**](https://bookstore.bookpi.org/product/an-overview-of-disease-and-health-research-vol-1/) |
| Manuscript Number: | **Ms\_BPR\_6125** |
| Title of the Manuscript: | **Movement, Play and Sports as Prevention and Health Promotion in Childhood and Adolescence** |
| Type of the Article | **Book Chapter** |

**Special note:**

**A research paper already published in a journal can be published as a Book Chapter in an expanded form with proper copyright approval.**

**Source Article:**

**This chapter is an extended version of the article published by the same author(s) in the following journal.**

**International Journal of Current Innovations in Advanced Research, 1(5), 37–46, 2023.**

**Available:** [**https://ijciar.com/index.php/journal/article/view/44**](https://ijciar.com/index.php/journal/article/view/44)

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| PART 1: Comments | | |
|  | Reviewer’s comment **Artificial Intelligence (AI) generated or assisted review comments are strictly prohibited during peer review.** | Author’s Feedback *(Please correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)* |
| **Please write a few sentences regarding the importance of this manuscript for the scientific community. A minimum of 3-4 sentences may be required for this part.** | **Given the unhealthy lifestyle of today's society, such as excessive use of media, lack of physical activity, consumption of processed foods, and aggressive behaviors, exercise can play an important role in physical and mental health, especially if this training begins in childhood.** |  |
| **Is the title of the article suitable?**  **(If not please suggest an alternative title)** | **I don't think this topic fully covers everything.**  **(Benefites of movement, playing and exercise in childhood and adolescence)** |  |
| Is the abstract of the article comprehensive? Do you suggest the addition (or deletion) of some points in this section? Please write your suggestions here. | **Yes.** abstract of the article is comprehensive |  |
| **Is the manuscript scientifically, correct? Please write here.** | **Yes. The content of the article is scientifically correct.** |  |
| **Are the references sufficient and recent? If you have suggestions of additional references, please mention them in the review form.**  **-** | **The references are sufficient, but the author could have used more recent references in some sections.** |  |
| Is the language/English quality of the article suitable for scholarly communications? | Yes |  |
| Optional/General comments | I think there is some useful information in the text, but it is not sufficient or comprehensive.  For example,  What is the definition of a game or sport?  What games are most suitable for children?  How many hours of exercise or play are enough?  How does exercise promote health and vitality?  What strategies should be taken to promote exercise in children?  And in general, to develop every destiny.  In this article, most of the benefits of exercise were mentioned. |  |

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| **PART 2:** | | |
|  | Reviewer’s comment | Author’s comment *(if agreed with the reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)* |
| **Are there ethical issues in this manuscript?** | *(If yes, Kindly please write down the ethical issues here in detail)*  No |  |

**Reviewer details:**

**Nasim Mirzaei, Iran**